

# Hair Styling

Master stylist and colourist Corry Watts joins The Lillypad from Yorkville and the fashion district of Queen Street. He comes to Thornbury after three decades of award winning success and is very excited to be bringing his expertise and commitment to the new Lillypad in Thornbury.

Cut and Blow Dry .....	\$65	Full Head Foil HiLites .....	\$110
Men's Cut and Blow Dry .....	\$40	Extra Step/Toning .....	\$25
Wash and Cut Only .....	\$45	¾ Head Foil .....	\$85
Wash and Blow Dry .....	\$38	Multi Colour Foil Full Head .....	\$120
Colour .....	\$.65 and up	Foil Per Package (Minimum 6 Pkgs) ..	\$.5
Root Touch Up .....	\$.60	Up Do's .....	\$.50 and up

# Nutrition and Wellness

Our Certified Nutritional Practitioner works with you to enhance health and well-being through diet and nutrition. After an in-depth consultation and a holistic assessment specific changes to diet are recommended to prevent or alleviate illness.

## NUTRITION COUNSELING FEES

Initial visit will include a detailed food intake form, medical history, nutritional assessment and individual goals

Initial Visit Approximately 1.5 Hours .....

Follow Up Approximately .5 Hours .....

## GROCERY STORE TOUR

Includes a guided tour through the grocery store. Learn to properly read labels and make the best choices for you and your family .....

The Lillypad brings to Thornbury a wealth of experience and an unparalleled level of commitment to our clients. We have created a serene atmosphere in our well appointed century old home. It is our pleasure to combine beauty, health and wellness to compliment your holistic lifestyle.

Located at 69 King Street East

Thornbury ON N0H 2P0

519.599.???? 1.800.???.???

www.thelillypad.ca / info@thelillypad.ca



## LILLYPAD'S POLICIES

- In order to assure your safety and comfort while visiting our facility a brief health form is required. We encourage you to disclose any health conditions that may affect your visit. This information is confidential.
- Cancellations must be made 24 hours in advance (72 hours for Packages) after which full charge of service will apply.
- Please arrive 15 minutes prior to your scheduled appointment. Arriving late for an appointment may require us to cancel or shorten the length of service with full charges applied.



## Hand & Foot Care

MANICURE *Complete grooming of the hands including massage and polish application* . . . . . \$30

PEDICURE *Our traditional pedicure includes callous removal, nail care, massage and polish* . . . . . \$58

**PRESSED FOR TIME? THESE SERVICES ARE DESIGNED FOR A QUICK TUNE UP IN 30 MINUTES.**

EXPRESS MANICURE \$15 / EXPRESS PEDICURE \$28

TADPOLE MANICURE (12 YEARS & UNDER) *Foot and nail care with a polish application* . . . . . \$15

TADPOLE PEDICURE (12 YEARS & UNDER) *Hand and nail care with a polish application* . . . . . \$25

ADD LED CURED POLISH \$15 / ADD "PERFECT SENSE" PARAFFIN \$20

*\*Please notify at time of booking if you are currently wearing Gel Polish*

## Packages

THE GREAT ESCAPE *Approximately 4 hours* . . . . . \$230

*Escape to our relaxing cocoon for a day of pampering. Begin your escape with a massage and essential facial, followed by a manicure and pedicure. Lunch available upon request.*

AFTERNOON DELIGHT *Approximately 3 hours:* . . . . . \$170

*Delight your senses with this totally pampering package of a facial, manicure and pedicure.*

DREAM WEAVER *Approximately 2 hours:* . . . . . \$165

*Weave your way to dreamland with an essential facial and massage.*

BUFFED BY THE BAY *Approximately 2 hours:* . . . . . \$160

*Buff up with manicure, pedicure and relaxing massage.*

KING @ KING STREET *Approximately 3 hours:* . . . . . \$235

*King for the day! This royal treatment includes deep tissue RMT massage, facial and pedicure.*

## Facial Treatments

ÉMINENCE HANDMADE ORGANIC SKIN CARE OF HUNGARY

*Eminence embodies a half a century of herbal craftsmanship and experience. These handmade products are the most unique and effective natural skin care products on the market.*

ÉMINENCE INDULGENCE

*A 90 minute facial that leaves the skin clean, smooth and glowing. This is an intense deep cleansing facial that includes extractions.* . . . . . \$130

ÉSSENTIAL ÉMINENCE

*A 60 minute treatment customized for your specific needs* . . . . . \$90

SWEET CHEEKS (18 YEARS & UNDER)

*An Eminence Facial dedicated to the specific need of our younger clients* . . . . . \$70

MICRODERMABRASION

*The ultimate rejuvenation treatment that resurfaces the skin by removing the upper layers of the epidermis to gradually erase flaws and blemishes revealing newer and healthier skin.* . . . . \$90

JANE IRELAND - The Skin Care Make-Up *Make-up application* . . . . . \$45

## Waxing

Lip or Chin . . . . . \$12

Brows . . . . . \$15

Lower Leg . . . . . \$30

Upper Leg . . . . . \$40

Full Leg including Bikini . . . . . \$70

Underarms . . . . . \$15

Arms . . . . . \$25

Bikini Wax . . . . . \$25

Brazilian Wax . . . . . \$65

*\*Waxing for Men please inquire.*

**Lunch is available for \$15/person upon request  
supplied by "Simplicity Bistro"**

## Body Treatments

RELAXATION MASSAGE

*This treatment helps increase circulation and gently ease away stress and tension.*

*30 minutes: \$50 / 60 minutes: \$85 / 90 minutes: \$120*

*30 minutes RMT: \$65 / 60 minutes RMT: \$100 / 90 minutes RMT: \$145*

RIVER ROCK MASSAGE

*The use of hot stones throughout the massage increases the relaxation response and improves circulation.*

*60 minutes: \$100 / 90 minutes: \$145*

*60 minutes RMT: \$125 / 90 minutes RMT: \$170*

INDIAN HEAD MASSAGE

*This ayurvedic based massage is done seated and fully clothed. This addresses the face, head, neck and shoulders, effective in treating stress, headache, sinusitis and fatigue.*

*30 minutes: \$50*

THAI MASSAGE

*This form of massage incorporates reflexology, acupuncture, shiatsu, gentle stretching and yoga to stimulate energy lines. This massage is done on mats, comfortable, loose clothing is appropriate*

*60 minutes: \$100 / 90 minutes: \$145*

COUPLES MASSAGE

*60 minutes \$170 / 60 minutes RMT \$200*

BODY POLISH

*A Full body exfoliation to remove dead skin cells, followed by a rich moisturizing* . . . . . \$75

DETOXIFYING BODY WRAP

*A body polish is followed by an essential oil application and a heated wrap* . . . . . \$95

BLUEBERRY BLISS WRAP

*Blueberry Sugar Scrub exfoliates the skin followed by a slimming serum, heated wrap and a massage with Blueberry Soy Massage Souffle* . . . . . \$135